

TRACEN Petaluma Haley Hall Dining Facility						
17AUG26 -23AUG26						
4	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT	VARIES	BROCCOLI & CHEESE SOUP	235	CHICKEN MILANESE	280
	CREAM OF WHEAT	110	GRILLED TRI TIP STEAK	375	MARINARA SAUCE	168
	ASST. TOPPINGS	VARIES	ROASTED GARLIC CHICKEN	120	PENNE PASTA	210
	SCRAMBLED EGGS	VARIES	CASSOULET BEANS	92	PESTO GNOCCHI	195
	EGGS TO ORDER	VARIES	HERB ROASTED PEBBLE POTATOES	75	ROASTED VEGETABLES	75
	BOILED EGGS	78	ROASTED CITRUS CAULIFLOWER	60	RAINBOW SWISS CHARD	95
	SAUSAGE LINKS	140	SAUTEED BRUSSEL SPROUTS	90	GARLIC BREAD	110
	SAUSAGE PATTIES	180	HOT DINNER ROLLS	84		
	BREAKFAST LATKES	210				
	WAFFLES W/ BUTTER & SYRUP	151 / 120	<u>PLATED ALTERNATIVE</u>	292		
	HAM & CHEESE QUICHE	420	GRILLED CHICKEN W/ QUINOA SALAD	VARIES		
			VEGETARIAN ALT.			
T U E S D A Y	FRESH FRUIT	VARIES	POZOLE VERDE	185	GARLIC BUTTER STEAK BITES	369
	OATMEAL	158	CHICKEN FAJITAS	380	CHIMICHURRI RICE	387
	ASST. TOPPINGS	VARIES	CARNITAS	280	CANDIED SWEET POTATOES	205
	SCRAMBLED EGGS	VARIES	REFRIED BEANS	165	BRAISED CARROTS	164
	EGGS TO ORDER	VARIES	SPANISH RICE	195	MONACO BLEND VEGETABLES	150
	BOILED EGGS	78	ESQUITES	140	CHEDDAR & CHIVE DROP BISCUITS	136
	CRISPY BACON	192	VEGETABLE PISTO	40		
	GRILLED HAM STEAKS	180	TOPPINGS BAR	VARIES		
	HASH BROWNS	151				
	FRENCH TOAST W/ BUTTER & SYRUP	195/120	<u>PLATED ALTERNATIVE</u>			
	BISCUITS & SAUSAGE GRAVY	210	VEGETARIAN ENCHILADAS	220		
W E D N E S D A Y	FRESH FRUIT	VARIES	MINSTRONE	380	GRILLED CHICKEN BREAST	200
	HOT GRITS	142	CHICKEN DELMONICO	525	CREAMY CAJUN SAUCE	225
	ASST. TOPPINGS	VARIES	HALIBUT PUTTANESCA	210	WHITE RICE	180
	SCRAMBLED EGGS	VARIES	PASTA W/ MARINARA SAUCE	169	SPICY RED BEANS	295
	EGGS TO ORDER	VARIES	RISOTTO RUSTICA	350	FRIED OKRA	90
	BOILED EGGS	78	ASPARAGUS W/ CHARRED CHERRY TOMATOES	62	ROASTED CAULIFLOWER	112
	GRILLED SPAM / CORNED BEEF HASH	180	PATTY PAN SQUASH	150	FRENCH BREAD	80
	HOME FRIES	210	FOCACCIA BREAD	95		
	JASMINE RICE	105				
	BLUEBERRY PANCAKE	190	<u>PLATED ALTERNATIVE</u>			
	BUTTER & SYRUP	120	GRILLED CHICKEN W/ CASHEW FETTUCCINE			
T H U R S D A Y	FRESH FRUIT	VARIES	KABOCHA SQUASH BISQUE	210	SMOKED BEEF BRISKET	600
	CREAM OF WHEAT	110	HULI HULI CHICKEN	280	POLENTA W/ WILD MUSHROOMS	108
	ASST. TOPPINGS	VARIES	PORK ADOBO	250	BAKED POTATOES	95
	SCRAMBLED EGGS	VARIES	GARLIC FRIED RICE	95	SAUTEED GARLIC GREEN BEANS	60
	EGGS TO ORDER	VARIES	PANCIT BIHON	99	CORN ON THE COB	84
	BOILED EGGS	87	GRILLED BABY BOK CHOY	47	HOT DINNER ROLLS	42
	CRISPY BACON	195	SAUTEED ZUCCHINI	90		
	SAUSAGE LINKS	251	VEGETABLE LUMPIA W/ SAUCE	VARIES		
	GOLDEN HASH BROWN PATTIES	210 / 120				
	PANCAKES W/ BUTTER & SYRUP	210/120	<u>PLATED ALTERNATIVE</u>			
	BREAKFAST SANDWICHES	320	AHI POKE BOWLS	450		
			VEGETARIAN ALT.	VARIES		
F R I D A Y	FRESH FRUIT	VARIES	NEW ENGLAND CLAM CHOWDER	410	SAGE CITRUS PORK CHOPS	345
	OATMEAL	158	CATCH OF THE DAY	327	ROASTED PEBBLE POTATOES	400
	ASST. TOPPINGS	VARIES	GRILLED TENDERLOIN STEAK	410	ORZO PILAF	60
	SCRAMBLED EGGS	VARIES	VEGETABLE RICE PILAF	220	ROASTED SQUASH	90
	EGGS TO ORDER	VARIES	MASHED YUKON POTATOES W/ GRAVY	100	SAUTEED ASPARAGUS	160
	BOILED EGGS	180	TOSCANA VEGETABLES	90	WHOLE WHEAT ROLLS	80
	SAUSAGE LINKS	151	STEAMED BROCCOLINI	70		
	SAUSAGE PATTIES	210	SHRIMP COCKTAIL	VARIES		
	POTATOES O'BRIEN	195 / 120				
	FRENCH TOAST W/ BUTTER & SYRUP	195/120				
	BREAKFAST BURRITOS	320				
S A T U R D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	BLACKENED CHICKEN	345
	HOT GRITS	142	BACON / MAPLE PORK SAUSAGE LINKS	92/180	CREOLE JAMBALAYA	60
	ASST. TOPPINGS	VARIES	PANCAKES W/ BUTTER & SYRUP	210 / 120	MACARONI & CHEESE	90
	SCRAMBLED EGGS	VARIES	PHILLY CHICKEN CHEESE STEAKS	360	CHUCK WAGON VEGETABLES	63
	EGGS TO ORDER	VARIES	MALIBU BLEND VEGETABLES	110	FRENCH BREAD	80
	BOILED EGGS	78	STEAK FRIES	230		
	SAUSAGE LINKS	92/180	STEAMED PEAS & CARROTS	110		
	HASH BROWNS	151				
	PANCAKES W/ BUTTER & SYRUP	151/120				
	BISCUITS & SAUSAGE GRAVY	210				
S U N D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	ITALIAN SAUSAGE LASAGNA	450
	CREAM OF WHEAT	110	TURKEY / PORK SAUSAGE LINKS	320/180	VEGETARIAN LASAGNA	380
	ASST. TOPPINGS	VARIES	FRENCH TOAST STICKS W/ BUTTER & SYRUP	151 / 120	MOZZARELLA STICKS W/ MARINARA	290
	SCRAMBLED EGGS	VARIES	FRIED CHICKEN SANDWICHES	360	ROASTED BROCCOLI	95
	EGGS TO ORDER	VARIES	SEASONED WAFFLE FRIES	230	ITALIAN BLEND VEGETABLES	200
	BOILED EGGS	78	CALI BLEND VEGETABLES	160	GARLIC BREAD	85
	SAUSAGE LINKS	135				
	SAUSAGE PATTIES	145				
	HOME FRIES	151				
	FRENCH TOAST STICKS W/ BUTTER & SYRUP	210/120				
						Week 4
The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.						
Submitted By:			Reviewed By:		Approved By:	
CSC C. D. Rivera Dining Facility Supervisor			CSC P. J. Stockbridge Food Service Officer		Captain J. D. Burch Commanding Officer	